

Mom's Jello Salad

Ingredients:

Big container of cottage cheese (16 oz)

Big box of lime or lemon jello (I prefer lime but you may not!) 6 oz

Big can of crushed pineapple, drained(20 oz)

Big container of Cool Whip (12 oz)

Directions:

Drain pineapple, put in mixing bowl

Mix jello with it

Add cottage cheese and stir well

Add Cool Whip and fold in thoroughly but don't beat

Voila! One of the best parts is that you can make this a day ahead and that's one dish you don't have to deal with on the big cooking day! (PS Also, for those of us needing more calcium, a great way to get some in from the cottage cheese, plus my rationalization for eating my weight in it is that there's protein too!)